12 Seeds

RESPECT
ENCOURAGEMEN'
LISTENING
APPRECIATION
TRUST
INTEGRITY
ORDER
NURTURE
SYNERGY
HOPE
IDEALS
PARDON

TRANSFORMING RELATIONSHIPS

- 1. **Pray** for people and relationships. Pray for specific seeds that need to grow in your life.
- Meditate on Scriptures that relate to each seed.
 Become more other-centered. Develop a loving, "12 Seeds attitude" toward others.
- 3. **Bless** others with good words (benedictions) of *Respect, Encouragement, Hope* & other seeds.
- 4. **Serve** others. Treat them with *Nurture, Integrity, Pardon* and the rest of the seeds.
- Meet with others regularly to do all of the above. Practice all of the 12 Seeds together in love.

For more ways to grow, visit: www.12seeds.org

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- Serve others. Treat them with *Nurture, Integrity, Pardon* and the rest of the seeds.
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